



*Inspiring All to Excellence*

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**The Fierté Multi-Academy Trust**

# Allergen Policy



## Document and Version Control

<b>Document Title</b>	Allergen Policy
<b>Effective Date</b>	Autumn 2022
<b>Policy Owner</b>	Catering Manager
<b>Policy Approver</b>	Trust Board

Version	Date	Amended by	Comments
01	Autumn 2021	L. Smith	New Trust Policy
02	Autumn 2022	L. Smith	See below

Section	Changes Made
Statistics	Recording of paragraphs
Factors of food allergens	Updated with legislation
Whole Trust policy	Protocol on checking EpiPens
Additional	Disclaimer and equality impact added

## ALLERGENS

The Fierté Trust has responsibility for the provision of school meals and the safe supervision of our pupils at lunchtime. As well as conforming to current nutritional standards and legal requirements for caterers we also feel a strong need to put into place strong ruling regarding our allergen children and employees.

This Policy should be read in conjunction with the Trust's EpiPen and nut allergen Policy.

### Allergen Statistics

As a trust we are always looking at more efficient ways to improve our service to give our customers "the children" the best possible experience at lunchtime. We have been researching the rapidly growing area of allergens within our Trust and these policies have been set up to cover the whole range that we deal with.

Here are a few factors about food allergens

- Allergy is the most chronic disease in Europe, the UK has one of the highest rates at 20% of the population affected, 44% of these are adults
- There are eight main types of food allergen eggs, milk, peanuts (see separate nut allergy policy), tree nuts, fish, shellfish, wheat, and soy however legislation states that we must report on 14 main allergens and this is reflected in our menus, staff training and allergen matrix's
- These allergens account to 90% of all reactions
- In the UK the prevalence for children is 7.1% in breast fed infants, with 1 in 40 developing a peanut allergy and 1 in 20 developing an egg allergy, 1 in 3 children present symptoms of cow's milk allergy
- There is approximately 50,000 new cases each year in primary school aged children that equates to 1 in 50 children

All our schools have action plans in place to accommodate events arising from allergen occurrences. There are always trained members of staff onsite, at any time of the school day. The policies that we plan to put in place will be carried out within all areas of the school's operations, from wrap around care to holiday clubs, which are run by Fierté's subsidiary "Our Pride, Our Joy" company. Whilst this policy applies to all members of the school community who are on offsite trips organised by the school either during the school day or outside of it, the school cannot be held liable for the actions of individuals who are not members of the school community or contact with allergens which it cannot reasonably control.

In some of our schools these policies are already in place however, as a growing trust we need to ensure that the same procedures happen across all our schools.

### Whole Trust Policy

- For their protection children are encouraged not to share snacks or lunchbox items brought in from home
- All catering staff are allergen trained to a certificated course and are made fully aware through school protocol of any children in school with food allergies

- **On joining the School and on an annual basis thereafter all parents or guardians of children with allergies will be asked to complete and return to school the attached form,** this will allow us to get the information out swiftly across all areas of school as soon as the pupil joins the school. It is incumbent upon a child's parent or carer to inform the school of any new allergy their child suffers from as soon as they become aware of it.
- Any EpiPen's sent into school must be date checked regularly by the office staff upon receipt and on a monthly basis, parents must be notified with one months' notice of any short dated EpiPens that need replacing
- Key staff will be re-trained in First Aid and EpiPen procedures on a three-yearly basis
- To protect our children and or any staff with allergies **ALL school staff are expected to adhere to these regulations**

## Aims

Our aim is to keep all children and staff with allergies in our care safe

To prevent anyone in our care from having an anaphylactic reaction

To prevent any cross contamination from different areas around school to the allergen sufferer

Please note Fierté cannot be held responsible for any item containing nuts that have been brought into school from another source. As far as reasonably possible we will avoid using "may contain nuts" in any of our menus however there may be instances when we cannot guarantee this. This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any individual and it helps to promote equality across FiertéMulti-Academy Trust.

## Declaration and Agreement

Either scan and email to [lsmith@fierte.org](mailto:lsmith@fierte.org) or sign this form electronically

I confirm that I have read, understand and accept the protocol.

Signed: .....

Printed Name: .....

Date: .....



## Fierté Pupil and Staff Allergy Form

Please complete this form if your child has a food allergy or intolerance confirmed by a doctor

NAME ..... D.O.B.....

ALLERGY/INTOLERANCE .....

DESCRIPTION OF ALLERGY OR INTOLERANCE

.....  
.....  
.....

MEDICATION/ACTION

.....  
.....

EMERGENCY CONTACT NO .....

DATE OF COMPLETION .....

PUPILS/STAFF PHOTOGRAPH (please provide a small recognizable photograph, (this can also be sent to our office electronically)

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